



Essential Oils - Herbs - Traditions - Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
<i>Althea officinalis</i> : Marshmellow - The flower of softness	Anne McIntyre	Vol. 9.1 2022.
A bay of inspiration and victory over the self	Ildikó Berecz	Vol. 9.3 2022.
About Aromas, Water & Wine	Dr. Dietrich Gumbel	Vol. 12.3. 2025.
About <i>Cistus ladanifer</i> extracts Part 1.	Marju Kivi	Vol. 9.2 2022.
Addendum – an aromatherapy afterthought	Jeanne Rose	Vol. 10.2 2023.
A direct experience of life with the spirit of the Palo Santo tree (<i>Bursera graveolens</i>)	Rafael Parducci	Vol. 8.3.1 2021.
A homage to Rosalina – (<i>Melaleuca ericifolia</i>)	Helen Nagle-Smith BA, MIFPA	Vol. 8.2.1 2021.
Almon biscotti (AROMATIKA KITCHEN)	Vanessa Jean Boscarello Ovens	Vol. 9.3 2022.
A tribute to Petitgrain Mandarin and Petitgrain Lemon	Helen Nagle-Smith BA, MIFPA	Vol. 8.3.1 2021.
An essential oil farm in Western Australia – The Paperbark Co.	Lisa Day	Vol. 8.4.1 2021.
An essential oil heavy-hitter in the battle with MRSA	Dr. Timothy Miller – Dr. Nancy Scarlett	Vol. 7.3.1 2020.
A new world-first (fruity) Australian essential oil	Greg Trevena	Vol. 9.2 2022.
Ancestral lineage connection: exploring native, indigenous and endemic European aromatic plants through meditation	Deborah Hladeček	Vol. 9.3 2022.
Ancient wisdom energies – a journey filled with awe	Doreen DeSerres DuJardin	Vol. 8.2.1 2021.
Angelica (<i>Angelica archangelica</i>) – excerpt	Lucy Jones	Vol. 10.3 2023.
Anna senses	Anna Surányi	Vol. 9.1 2022.
Anxiety	Deby Atterby	Vol. 7.2.1 2020.
Archetyped images, juniper oil and Cowboy Jack	Dr. Bruce Berkowsky	Vol. 7.2.1 2020.
Aroma, smell and the diatonic scale	Jan Kusmirek	Vol. 8.1.1 2021.
Aromatherapy and menopause	Marielle Mercadier	Vol. 7.4.1 2020.
Aromatherapy and the anatomy of grief	Beti Turner LMPT, Cert. AT	Vol. 8.3.1 2021.
Aromatherapy and the elderly client: a nonagenarian's holistic journey	Kimberly P. Iacoponi	Vol. 10.1 2023.
Aromatherapy and the menopause	Dr. Vivan Lunny †	Vol. 12.3. 2025.
Aromatherapy and pregnancy – utilising aromatherapy during pregnancy	Brittany O'Dell	Vol. 12.3. 2025.
Aromatherapy as a tool to support our journey towards higher levels of consciousness	Kateryna Gurova	Vol. 10.1 2023.
Aromatherapy for everyday respiratory well-being	Victoria Dimitrova	Vol. 11.3 2024.
Aromatherapy for the Animal Rescuer – case studies	Jirbie Go	Vol. 10.3 2023.
Aromatherapy in assisted living or care home setting – benefits of an aromatherapy hand massage	Colleen Thompson RA®, EOT®, CA, MIFPA, Cert. Ed.	Vol. 10.2 2023.
Aromatic botanical energetics as animal spirit guides	Doreen DeSerres DuJardin	Vol. 8.3.1 2021.

Title	Author	Issue
Aromatic pathways	Doreen DeSerres DuJardin	Vol. 9.2 2022.
Aromatic reflections for moments of crisis	Dr. Malte Hozzel	Vol. 7.4.1 2020.
Aromatic sonnet: Sage	Gabriel Mojay	Vol. 7.3.1 2020.
Aromamythics – The eternal embrace of mother Gaia through humble Chamomile	Stylianios Tzourmpakis	Vol. 11.1 2024.
Aromythology	Elizabeth Ashley	Vol. 9.2 2022.
Be careful what you wish for	Jan Kusmirek	Vol. 9.1 2022.
Bergamot (Monograph)	Jade Shutes	Vol. 7.2.1 2020.
Bittersweet	Doreen DeSerres DuJardin	Vol. 11.3 2024.
Brigid's benevolence	Doreen DeSerres DuJardin	Vol. 10.4 2023.
Black pepper and scrambled eggs	Elizabeth Ashley	Vol. 7.3.1 2020.
Blending our chakras	Giovanna Fischer	Vol. 9.1 2022.
BOOKSHELF – Elisabeth Brooke: Aeging gracefully	editorial	Vol. 11.1 2024.
BOOKSHELF – Helen Nagle-Smith: Working with unusual essential oils 2024 (Singing Dragon)	editorial	Vol. 11.1 2024.
BOOKSHELF – Helen Nagle-Smith: Working with unusual essential oils Vol. 1	editorial	Vol. 8.1.1 2021.
BOOKSHELF – Deby Atterby: Australian Essential Oil Profiles	editorial	Vol. 9.1 2022.
BOOKSHELF – Denise Tiran: Complementary Therapies for Postdates Pregnancy	editorial	Vol. 10.4 2023.
BOOKSHELF – Anne McIntyre: Healing with flowers – the power of flower medicine	editorial	Vol. 9.1 2022.
BOOKSHELF – Christina Stapley: A History of Plant Medicine	editorial	Vol. 10.4 2023.
BOOKSHELF – Christine Herbert: Inflammation – The source of chronic disease: how to treat it with herbs and natural healing	editorial	Vol. 9.2 2022.
BOOKSHELF – Elizabeth Ashley: Melissa officinalis	editorial	Vol. 9.3 2022.
BOOKSHELF – Jade Shutes: The carrier oil palette	editorial	Vol. 9.3 2022.
BOOKSHELF – Carol Guyette: The herbalist's guide to pregnancy, childbirth and beyond	editorial	Vol. 9.3 2022.
BOOKSHELF – Nikki Darrell: Essential Oils – A concise manual	editorial	Vol. 9.4 2022.
BOOKSHELF – Vlasta Maklar: Sacred plants in folk medicine & rituals	editorial	Vol. 9.4 2022.
BOOKSHELF – Christina Stapley: The Tree Dispensary – The uses history and herbalism of exotic trees	editorial	Vol. 10.1 2023.
BOOKSHELF – Maggie Tisserand: Antiviral aromatherapy essential oils for health & wellbeing	editorial	Vol. 10.1 2023.
BOOKSHELF – Jan Kusmirek: A nose through history The birth and growth of aromatherapy	editorial	Vol. 10.1 2023.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
BOOKSHELF – Robin Kessler: Frankincense resins – The journey and beyond	editorial	Vol. 10.1 2023.
BOOKSHELF – Carol Rose: Integrating clinical aromatherapy in palliative care	editorial	Vol. 10.2 2023.
BOOKSHELF – Madeleine Kerkhof: Clinical Aromacare	editorial	Vol. 10.2 2023.
BOOKSHELF – Lucy Jones: A working herbal dispensary	editorial	Vol. 10.2 2023.
BOOKSHELF – Pam Conrad: Aromatherapy and women's mental health	editorial	Vol. 10.3 2023.
BOOKSHELF – Elizabeth Ashley: Meeting the Melissae	editorial	Vol. 10.3 2023.
BOOKSHELF – Julia Behrens: Lost in Lyme	editorial	Vol. 10.3 2023.
BOOKSHELF – Julia Lawless: Mud, Salt+ Medicine	editorial	Vol. 11.2 2024.
BOOKSHELF – Julian Barker: Eat well, feel well – Slow cooking in a short while	editorial	Vol. 11.2 2024.
BOOKSHELF – Margi Flint: An introduction to the practicing herbalist	editorial	Vol. 11.2 2024.
BOOKSHELF – Andrew Mason: Rasa Shastra – The Ayurvedic Art of Medicine Making and Alchemy	editorial	Vol. 11.3 2024.
BOOKSHELF – Christine Herbert: Digestion – The Key to Good Health	editorial	Vol. 11.3 2024.
BOOKSHELF – Maggie Tisserand: Antiviral aromatherapy – Essential oils for health and wellbeing – Revised (2024)	editorial	Vol. 11.3 2024.
BOOKSHELF – Marcos Patchett: Rharmakakawa – Theobroma cacao in medicine and ceremony	editorial	Vol. 11.4 2024.
BOOKSHELF – Jade Shutes: Aromatics and Mental Health	editorial	Vol. 11.4 2024.
BOOKSHELF – Helen Nagle-Smith: Aroma, Aromatherapy and Trauma	editorial	Vol. 12.1. 2025.
BOOKSHELF – Johnny Fincham: Reading Hands for Health and Healing	editorial	Vol. 12.1. 2025.
BOOKSHELF – Rita Hogan C.H.: The Herbal Dog – Holistic Canine Herbalism – Applications and Practices	editorial	Vol. 12.1. 2025.
BOOKSHELF – Ellen Dee Davidson: Sacred Forest Bathing	editorial	Vol. 12.1. 2025.
BOOKSHELF – Peter Conway: The Consultation in Phytotherapy	editorial	Vol. 12.2. 2025.
BOOKSHELF – Julia Lawless: The Botanical Home	editorial	Vol. 12.2. 2025.
BOOKSHELF – Holly Brandenberger: Aroma Alchemy	editorial	Vol. 12.3. 2025.
BOOKSHELF – Laura Aversano: The Divine Nature of Plants	editorial	Vol. 12.3. 2025.
BOOKSHELF – Samantha Almond: Old Remedies for Modern Living	editorial	Vol. 12.3. 2025.
BOOKSHELF – Shari Emami: Breaking Free from Pain	editorial	Vol. 12.3. 2025.

Title	Author	Issue
Breathing terpenes help reduce stress and rewire neuroplastic pain	Melissa Holman	Vol. 9.4 2022.
Broken to whole – using essential oils to heal soul wounds	Felicity Warner	Vol. 8.2.1 2021.
Burnout and Bergamot	Kara Rogers	Vol. 9.2 2022.
Can you replace one essential oil with another?	Melani Kovac	Vol. 9.3 2022.
Cardamom: the queen of spices (<i>Elettaria cardamomum</i>)	Tanya Moulding	Vol. 9.2 2022.
Centuries of traditional medicine in Hungary – part 1.	Dr Peter Babulka	Vol. 8.4.1 2021.
Centuries of traditional medicine in Hungary – part 2.	Dr Peter Babulka	Vol. 9.1 2022.
Chronic inflammation	Christine Herbert FAMH, DipAET, BA (Hons)	Vol. 9.2 2022.
Cinnamon leaf and bark essential oils in Madagascar	Michel Sommerard	Vol. 11.4 2024.
Cinnamon spice and essential oil	Sonnika Coetzee	Vol. 9.3 2022.
<i>Cistus ladanifer</i> – Intriguing plant from the wild fields of Portugal	Marju Kivi	Vol. 9.1 2022.
<i>Cistus ladanifer</i> extracts Part 3.	Marju Kivi – David Franco Frazao	Vol. 9.4 2022.
Citrus industry	Dr Marco Valussi	Vol. 8.1.1 2021.
Climate change – Will aromatherapy weather the storm?	Dr Kelly Ablard PhD, RA, MIFPA	Vol. 8.3.1 2021.
CO ₂ extracts – a new word in aromatherapy	Anna Azbel and Daria Kutasina	Vol. 12.3. 2025.
CO ₂ extracts – pure plant power for children's skincare	Madeleine Kerkhof	Vol. 7.4.1 2020.
Coffee flower	Doreen DeSerres DuJardin	Vol. 9.3 2022.
Conifers	Jan Kusmirek	Vol. 7.2.1 2020.
Connecting with nature	Elizabeth Ashley	Vol. 7.2.1 2020.
Cookies with seducing flavours (AROMATIKA KITCHEN)	Monika Halmos	Vol. 8.1.1 2021.
Cool the fury of inner fires (patience, anger management, strength and integrity)	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 11.3 2024.
Correspondence: The alchemical principal in action, reflecting life and perfume	Roxana Villa	Vol. 9E PS 2022.
Creative perfumery: the shape of smell	Zaga Colovic	Vol. 10.1 2023.
<i>Cupressus sempervirens</i> (Cypress) – trusting life!	Stelios Tzourmpakis	Vol. 10.1 2023.
Daily use of aromatic balms	Philippe Banel	Vol. 8.1.1 2021.
Davana	Vanessa Jean Boscarello Ovens	Vol. 7.4.1 2020.
Decomposition, an act of letting go	Jonathan Benavides	Vol. 7.2.1 2020.
Deep healing – Root to flourish!	Doreen DeSerres DuJardin	Vol. 12.3. 2025.
Developing aromatic intuition with the aid of the Tongue of the Trees	Elizabeth Ashley	Vol. 8.3.1 2021.
Discovering violet leaf (<i>Viola odorata</i>) absolute	Helen Nagle-Smith BA, MIFPA	Vol. 9.3 2022.
Distillation – A sublimation of spring flowers	Cher Lynne	Vol. 10.1 2023.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
Dittany of Crete – the magic spell to expel	Ildikó Berecz	Vol. 11.4 2024.
Dropsmith – a perfect tool for teachers	Melani Kovac	Vol. 8.2.1 2021.
Earth element and zodiac signs	Tatiana Denisova	Vol. 12.2. 2025.
Elemental healing	Heidi (Amaru) Nielsen	Vol. 9.4 2022.
Emotion, music and scent – Something wild!	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 10.2 2023.
Emotional uplift	Doreen DeSerres DuJardin	Vol. 10.1 2023.
EMU oil – AQUARIUS and the hero's journey	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 12.3. 2025.
Energetic awareness	Doreen DeSerres DuJardin	Vol. 8.1.1 2021.
Equine aromatherapy – applications on behavioural issues	Rana Babaç Çelebi	Vol. 7.4.1 2020.
Essential oils are solutions for the effects of our environment on mast cells	Valerie Gotltieb-Landis	Vol. 11.2 2024.
Essential oils – our teacher of creative living	Will Lapaz	Vol. 8.4.1 2021.
Essential oils and astrology	Tatiana Denisova	Vol. 11.4 2024.
Essential oils and tension-type headaches	Monika Nuffer, ParmaD	Vol. 8.4.1 2021.
Essential oils and the divine feminine	Dr. Bruce Berkowsky	Vol. 7.3.1 2020.
Essential oils: from science to your home – insights of a pharmacist	Rita Van Parys	Vol. 11.1 2024.
Ethanol – the mighty molecule	Jill Mulvany	Vol. 9.2 2022.
Etheric aromatic essence energies	Doreen DeSerres DuJardin	Vol. 12.1 2025.
Exploring Mexican conifers – the essence of Pinyon pine essential oil	Rebeca Ledensnaider	Vol. 10.4 2023.
Extractions and distractions – a survival guide for aromatic living in lockdown – Part 1.	Ildikó Berecz	Vol. 8.2.1 2021.
Extractions and distractions – a survival guide for aromatic living in lockdown – Part 2.	Ildikó Berecz	Vol. 8.3.1 2021.
Fertility: a holistic approach with considerations for aromatherapy applications	Amy E. Hayes	Vol. 11.3 2024.
Fibromyalgia – easing symptoms with aromatherapy	Maria Goodall	Vol. 11.4 2024.
Finding balance: the rhythmic system – Essential oils and discovering your evolutionary 'practice' as an aromatherapist	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 10.1 2023.
Finding my way	Lorraine Spiteri	Vol. 7.2.1 2020.
Fire element and zodiac signs	Tatiana Denisova	Vol. 12.1 2025.
Flying colours – sustainable 'backyard' use of plants for colour...	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 11.2 2024.
Food alchemy (AROMATIKA KITCHEN)	Vanessa Jean Boscarello Ovens	Vol. 8.1.1 2021.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
Four decades of experiences and memories of a Hungarian researcher growing medicinal and essential oil plants in Finland – interview with Bertalan Galambosi	Dr Péter Babulka	Vol. 10.2 2023.
Fragrant molecules & their interaction with the envelopes of some viruses	Eliane Zimmermann	Vol. 7.2.1 2020.
Frankincense resins: the journey and beyond	Robin B. Kessler, CCA	Vol. 8.1.1 2021.
From ancient wisdom to modern insights: aromatherapy's powerful journey	Yasmine ElGhamrawy, MIFPA	Vol. 10.4 2023.
From control freak perfectionist to resilient strategist	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 12.1 2025.
From botanical perfumery to plant alchemy	Ildikó Berecz	Vol. 9E PS 2022.
From the creation of Osmobiose to the foundation of quantum aromatherapy part 1, part 2	Dr Daniel Pénoël	Vol. 9.2 2022. Vol. 9.3 2022.
From plant to essential oil... and in transit	Balázs Surányi	Vol. 9.3 2022.
Frosty intentions of a winter still	Cher Lynne	Vol. 11.1 2024.
Funtanamenta – "Spring of mint" and other treasures Interview with Marialuisa Sanna	Gergely Hollódi	Vol. 11.3 2024.
Gandha Bhoomi Attar Oil (Petrichor Earth Attar Oil)	Krishana Chaitanya	Vol. 10.4 2023.
Gandha Dhyana, Aroma Meditation™ – the power of a drop	Krishana Chaitanya	Vol. 12.3. 2025.
Gattefossé, lost and found	Ann Harman	Vol. 10.2 2023.
Getting deep	Doreen DeSerres DuJardin	Vol. 11.2 2024.
Getting to know <i>Kunzea ambigua</i> (Sm.) an oil for fear, trauma and protection	Helen Nagle-Smith BA, MIFPA	Vol. 10.3 2023.
GIANTS – Interview with Ayako Berg	Gergely Hollódi	Vol. 11.3 2024.
GIANTS – Interview with Beverley Higham	Gergely Hollódi	Vol. 12.1 2025.
GIANTS – Interview with Caroline Ingraham	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Colleen Thompson	Michelle Ensley	Vol. 12.2. 2025.
GIANTS – Interview with David Crow	Michelle Ensley	Vol. 11.1 2024.
GIANTS – Interview with Deby Atterby	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Denis Tiran	Michelle Ensley	Vol. 11.3 2024.
GIANTS – Interview with Dominique Baudoux	Rita Van Parys	Vol. 11.2 2024.
GIANTS – Interview with Dr. Daniel Pénoël	Gergely Hollódi	Vol. 10.4 2023.
GIANTS – Interview with Dr. Dietrich Gumbel	Gergely Hollódi	Vol. 11.2 2024.
GIANTS – Interview with Dr. Kurt Schnaubelt	Gergely Hollódi	Vol. 9.4 2022.
GIANTS – Interview with Eliane Zimmermann	Gergely Hollódi	Vol. 12.2. 2025.
GIANTS – Interview with Emilee Stewart	Michelle Ensley	Vol. 11.4 2024.
GIANTS – Interview with Gabriel Mojay	Michelle Ensley	Vol. 10.4 2023.
GIANTS – Interview with Jan Kusmirek	Gergely Hollódi	Vol. 10.1 2023.
GIANTS – Interview with Jeanne Rose	Michelle Ensley	Vol. 10.2 2023.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064–5503

CONSOLIDATED INDEX

Title	Author	Issue
GIANTS – Interview with Julia Lawless	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Ian Cambray-Smith	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Jade Shutes	Gergely Hollódi	Vol. 10.3 2023.
GIANTS – Interview with John Steele – an aromatic explorer's journey Part 1.	Gergely Hollódi	Vol. 11.4 2024.
GIANTS – Interview with John Steele – an aromatic explorer's journey Part 2.	Gergely Hollódi	Vol. 12.1 2025.
GIANTS – Interview with Katerina Svoboda	Gergely Hollódi	Vol. 11.4 2024.
GIANTS – Interview with Laraine Kyle Pounds	Michelle Ensley	Vol. 11.3 2024.
GIANTS – Interview with Maggie Tisserand	Gergely Hollódi	Vol. 10.3 2023.
GIANTS – Interview with Michael Scholes	Gergely Hollódi	Vol. 10.3 2023.
GIANTS – Interview with Mindy Green	Michelle Ensley	Vol. 12.1 2025.
GIANTS – Interview with Pam Conrad	Michelle Ensley	Vol. 12.1 2025.
GIANTS – Interview with Pam Parsons	Michelle Ensley	Vol. 11.3 2024.
GIANTS – Interview with Robbbi Zeck	Michelle Ensley	Vol. 12.2. 2025.
GIANTS – Interview with Robert Tisserand	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Salvatore Battaglia	Gergely Hollódi	Vol. 11.4 2024.
GIANTS – Interview with Shirley Price	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Suzanne Catty	Michelle Ensley	Vol. 10.4 2023.
GIANTS – Interview with Sylla Sheppard-Hanger	Gergely Hollódi	Vol. 11.1 2024.
GIANTS – Interview with Trygve Harris	Gergely Hollódi	Vol. 10.4 2023.
GIANTS – Interview with Valerie Cooksley	Michelle Ensley	Vol. 10.2 2023.
GIANTS – Interview with Victoria Edwards	Gergely Hollódi	Vol. 12.3. 2025.
Ginger beer with strawberries	Wouter and Joris Bijdendijk	Vol. 12.2 2025.
Ginger essential oil <i>Zingiber officinale</i> Roscoe	Deby Atterby	Vol. 9.3 2022.
Goddess of spring	Doreen DeSerres DuJardin	Vol. 9.1 2022.
Green Myrtle in Sardinia	Marialisa Sanna	Vol. 11.2 2024.
Grief revisited – The end of a toxic relationship	Marika Fleri	Vol. 9.2 2022.
Growing spice plants containing essential oils above the arctic circle	Bertalan Galambosi	Vol. 10.3 2023.
Haloa Aina and the journey of Royal Hawaiian sandalwood	Michelle Ensley	Vol. 10.2 2023.
Helichrysum – advocating against using the essential oil	Elizabeth Ashley	Vol. 8.3.1 2021.
Herpes simplex infection during a cancer journey, two cases	Madeleine Kerkhof	Vol. 9.1 2022.
Hebaceous creamy potato soup (AROMATIKA KITCHEN)	Daniella Wahl	Vol. 10.2 2023.
Herbal prescribing and safety	Carol Guyett MNIMH	Vol. 9.3 2022.
Herbs of the future – new active components under research	Ágnes Polyák	Vol. 8.2.1 2021.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
Holistic aromatherapy for the journey of perimenopause – a body, mind & spirit approach	Françoise Decatrel	Vol. 11.3 2024.
Holistic canine herbalism (book excerpt)	Rita Hogan, C.H.	
Honoring the Legacy of Jeanne Rose – Pioneer of Aromatic Plants (January 9, 1937 – June 15, 2024)	April Lancaster	Vol. 11.3 2024.
How postpartum depression led me to launching a perfume brand	Tamar Weinberg	Vol. 9E PS 2022.
How to use essential oils to balance specific personality types and temperaments in order to overcome defenses and connect the real self	Michael Scholes	Vol. 12.2 2025.
Hraundis, a distillery in Iceland	Hraundís Guðmundsdóttir	Vol. 10.3 2023.
Hunting for lemongrass within Australian natives	Sandra Venables	Vol. 9.1 2022.
If the essential oil of Cistus could talk...	Gabriella Schütz	Vol. 8.3.1 2021.
If the essential oil of Clary sage and the Amethyst could speak – The Healer and the Guardian	Gabriella Schütz	Vol. 12.3. 2025.
If the essential oil of Myrrh could talk...	Gabriella Schütz	Vol. 7.2.1 2020.
If the essential oil of Palo Santo could talk...	Gabriella Schütz	Vol. 8.2.1 2021.
If the essential oil of Ylang-ylang could talk...	Gabriella Schütz	Vol. 7.3.1 2020.
Inflammation: The Good, the Bad, and the Ugly Part 1.	Bobbi Misitii	Vol. 10.2 2023.
Inflammation: The Good, the Bad, and the Ugly Part 2.		Vol. 10.3 2023.
In pursuit of the mystery and meanings of the sweet violet – part 1: the scent of violet	Dorothy Abram	Vol. 10.4 2023.
In pursuit of the mystery and meanings of the sweet violet – part 2: The Myths and Medicines of the Violet Flower	Dorothy Abram	Vol. 11.2 2024.
In pursuit of the mystery and meanings of the sweet violet – part 3: The Philosophy and Psychology of the Violet Flower	Dorothy Abram	Vol. 11.3 2024.
In quest of a legend	József Tóth	Vol. 7.4.1 2020.
Integrating aromatherapy as a practical counselling tool during any cancer journey	Jonathan Benavides	Vol. 9.1 2022.
Integrating clinical aromatherapy in clinical care – pruritus (excerpt)	Carol Rose, Clin. AT	Vol. 10.2 2023.
Integration of mindfulness techniques to aromatherapy – enhancing the therapeutic experience	Tracy Mak Shuk Yee	Vol. 11.4 2024.
Interview with Dr Marco Valussi	Gergely Hollódi	Vol. 9.1 2022.
Interview with Krishana Chaitanya, founder of Nisagra Farms Organic	Ildikó Berecz	Vol. 9.2 2022.
Interview with scent-aesthetician Csenge Lipovszky	Gabriella Schütz	Vol. 7.3.1 2020.
Is pink pepper a true pepper? (<i>Schinus molle</i> L.)	Michelle Como	Vol. 9.1 2022.
It became my profession to pass on this queenly feeling to every woman	Tímea Szöllösy	Vol. 7.3.1 2020.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064–5503

CONSOLIDATED INDEX

Title	Author	Issue
Japanese aromas: history, uses, and comparisons	Jasmine Bues	Vol. 7.2.1 2020.
Jasmine sambac –The journey around the essential oil and around	Ildikó Berecz	Vol. 9.4 2022.
Keeping the lights on even when the sun goes down	Yvette Ramos-Volz, MS, CCA	Vol. 9.4 2022.
Kew – The secret world of plants	Tanya Moulding	Vol. 8.3.1 2021.
Kiwi, cucumber, verbena and fried grapes salad (AROMATIKA KITCHEN)	Wouter and Joris Bijdendijk	Vol. 12.2 2025.
Khella, the rather unknown aromatic giant (<i>Visnaga daucoi-des</i> Gaertn.)	Eliane Zimmermann	Vol. 11.2 2024.
Kukui, the undiscovered beauty oil (<i>Aleurites moluccanus</i> L.)	Gabriella Schütz	Vol. 7.2.1 2020.
Lavandula Revolution - Interview with József Tóth the Szomód Lavender farmer	Gergely Hollódi	Vol. 7.2.1 2020.
Lemon (<i>Citrus limon</i> L.)	Elizabeth Ashley	Vol. 7.4.1 2020.
Lemon berry – a new Australian essential oil in 2022 <i>Leptospermum petersonii</i> var. 'B'	Greg Trevena	Vol. 9.4 2022.
Lemon myrtle (<i>Backhousia citriodora</i>) – Australia's brightest and most popular Australian essential oil	Greg Trevena	Vol. 8.4.1 2021.
Lemon oil – a relaxing stimulation	Eliane Zimmermann	Vol. 7.3.1 2020.
Let it glow: natural skincare	Giovanna Fischer	Vol. 8.4.1 2021.
Life is sound	Evelyn Moulders	Vol. 8.1.1 2021.
Light at the end of the tunnel – two case studies	Eliane Zimmermann	Vol. 12.3. 2025.
Light temptation (AROMATIKA KITCHEN)	Monika Halmos	Vol. 8.2.1 2021.
Löyly – The fragrant soul of the sauna	Diána Dombó	Vol. 9.1 2022.
Lyme disease, the great imitator	Linda Anne Kahn	Vol. 7.4.1 2020.
"Magical Wisdom" – Year of the Wood Dragon	Doreen DeSerres DuJardin	Vol. 11.1 2024.
Mandarin, Tangerine, Clementine	Olga Kutukova	Vol. 12.2. 2025.
Mandy Aftel discusses 'Essence and Alchemy'	Saskia Wilson-Brown	Vol. 9E PS 2022.
Marjoram: reclaim your calm, regain your strength	Ildikó Berecz	Vol. 7.2.1 2020.
Mastic (<i>Pistacia lentiscus</i>) (book excerpt)	Christina Stapley	Vol. 10.1 2023.
Meaning and use of essential oils in ancient cultures and for holistic aromatherapy today	Dr. Dietrich Gumbel	Vol. 11.3 2024.
Medicinal herbs used in Hungarian ethno- and alternative veterinary practices with special reference to the use of essential oil-containing plants	Dr Peter Babulka	Vol. 9.4 2022.
Melissa in the kitchen	Mariann Beh	Vol. 8.3.1 2021.
Melissa – Life is beautiful, isn't it?	Ildikó Berecz	Vol. 7.4.1 2020.
Melissae	Elizabeth Ashley	Vol. 8.4.1 2021.
Michel Pidoux, Madagascar & Tamtam Phytoaroma	Johanne Philippe Perez	Vol. 9.4 2022.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
Michel Sommerard and Aromisland – A love story	Johanne Philippe Perez	Vol. 10.1 2023.
More than a sacred tree – Exploring the legacy of Dutjahn	Danae Christensen	Vol. 10.2 2023.
Mother Tulsi	Vanessa Jean Boscarello Ovens	Vol. 8.3.1 2021.
My aromatic journey	Doreen DeSerres DuJardin	Vol. 12.2. 2025.
My aromatherapy and palliative care journey with my mother	Jon Tan	Vol. 7.2.1 2020.
My COVID-19 experience	Marika Fleri	Vol. 7.2.1 2020.
Natural medicine and perfume raw materials in the Bible – a family story behind	Paul Kiler	Vol. 9E PS 2022.
Nature – our teacher of natural living	Will Lapaz	Vol. 8.4.1 2021.
Nature's perfumes – mindfulness and well-being	Zita Gyurokovics	Vol. 9.2 2022.
Nature's wisdom - Olive oil and botanical beauty secrets in Ancient Greece	Michelle Anna McHugh Budd	Vol. 12.2. 2025.
Navigating the healing complexities surrounding "Mind, Body and Soul"	Tina Marie Nold	Vol. 12.2. 2025.
Nemophilist	Doreen DeSerres DuJardin	Vol. 8.4.1 2021.
Niaouli (<i>Melaleuca quinquinervia</i>)	Michel Sommerard	Vol. 12.2. 2025.
Olfaction – the sense of smell	Nikki Darrell	Vol. 9.4 2022.
Olfactory portals creating experiential landscapes with perfume	Tanya Moulding TIDHA, MIFPA	Vol. 9E PS 2022.
Olfactory training using essential oils for sudden loss of smell	Lisa Downey	Vol. 8.2.1 2021.
Organic resonance	Dr. Dietrich Gumbel	Vol. 12.2. 2025.
Osmobiose	Dr Daniel Pénoël	Vol. 9.1 2022.
Outside looking in and reflecting	Susan Mousley	Vol. 10.2 2023.
Pain	Lorraine Spiteri	Vol. 7.3.1 2020.
Pain – the mental and physical effect on the mind and body	Lindi Loock	Vol. 12.1. 2025.
Palo Santo (<i>Bursera graveolens</i>)	Heidi (Amaru) Nielsen	Vol. 7.3.1 2020.
Pandemic stress and hair loss	Diane Koinstein	Vol. 9.2 2022.
Patchouli (<i>Pogostemon cablin</i> (Blanco) Benth.)	Michel Sommerard	Vol. 12.1. 2025.
Perfume as spiritual medicine – five questions to help personal development 1.	Bowen Wei	Vol. 9.1 2022.
Perfume as spiritual medicine – five questions to help personal development 2.	Bowen Wei	Vol. 9.2 2022.
Perfume museum – the ancient city of Kanauj	Krishana Chaitanya	Vol. 12.2. 2025.
Perimenopause and essential oils: the science, art and practice of using plant-based approach to treating common symptoms	Amanda Levinson	Vol. 9.1 2022.
Personal approach in aromatherapy	Anastasiia Titova	Vol. 8.2.1 2021.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064–5503

CONSOLIDATED INDEX

Title	Author	Issue
Phyto-Aroma News	Dr. Péter Babulka	Vol. 7.3.1, 7.4.1 (2020), Vol. 8.1.1, 8.2.1, 8.3.1, 8.4.1 (2021), Vol. 9.1, 9.2, 9.3, 9.4 (2022), Vol. 10.1, 10.2, 10.3 10.4 (2023), Vol. 11.1, 11.2, 11.3 (2024)
Pitanga	Carla Vescovi	Vol. 8.1.1 2021.
Plant personalities speak	Doreen DeSerres DuJardin	Vol. 9.4 2022.
Plum, peach and pineapple crumble, Pumpkin soup (AROMATIKA KITCHEN)	Vanessa Jean Boscarello Ovens	Vol. 8.3.1 2021.
Practising aromatherapy across all modalities	Christine Courtney	Vol. 9.4 2022.
Preservatives and chemicals – a guide for consumers and aromatherapists	Daniella Wahl	Vol. 10.2 2023.
Production of high-purity biologically active plant substances of natural origin by CO ₂ extraction	Edit Dulovics	Vol. 12.1. 2025.
Pure parfumery: true aromatic essences – divine scent	Doreen DeSerres DuJardin	Vol. 9E PS 2022.
Purchasing your first still	Ann Harman	Vol. 8.1.1 2021.
Quality of essential oils	Jan Kusmirek	Vol. 8.3.1 2021.
Questionable aromascience	Jan Kusmirek	Vol. 8.3.1 2021.
Rainbow Myrtle©	Greg Trevena	Vol. 12.1. 2025.
Raynaud's phenomenon – an aromatic exploration	Micah Sweeney	Vol. 7.3.1 2020.
Rediscovering the medicinal power and properties of Daisy (<i>Bellis perennis</i>)	Vivienne Campbell Bsc (Hons), MN-IMH	Vol. 12.1 2025.
Rose capital of the world – The Indus Rose Valley	Saad Admani	Vol. 8.1.1 2021.
Rose oil: an elixir of powerment and potency	Elizabeth Asley	Vol. 8.2.1 2021.
Roses, mystics and divine love – may your dreams come true	Ildikó Berecz	Vol. 10.3 2023.
Rosemary (<i>Rosmarinus officinalis</i>)	Heidi (Amaru) Nielsen	Vol. 7.2.1 2020.
Sacred florals	Vanessa Jean Boscarello Ovens	Vol. 7.3.1 2020.
Sacredness	Doreen DeSerres DuJardin	Vol. 11.4 2024.
Sacred oils for transitions and change	Felicity Warner	Vol. 7.2.1 2020.
Sacred oils for your garden	Felicity Warner	Vol. 9.3 2022.
Safety of aromatherapy in childbirth	Denise Tiran HonDUniv FRCM MSc RM CEO/Education Director, Expectancy, UK	Vol. 12.1 2025.
Saro (<i>Cinnamosma fragrans</i> Baill.) – Winter's friend	Helen Nagle-Smith BA, MIFPA	Vol. 8.4.1 2021.
Scent and science – the surprising power of aromatherapy to brighten your mood	Shari Emami	Vol. 12.2. 2025.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
Scentarium – my aromatic legacy	Eliane Zimmermann	Vol. 12.3. 2025.
Scents and gemstones – a mystical journey from antiquity to the present	Gabriella Schütz	Vol. 12.3. 2025.
Scents of wellness – an occupational therapy perspective of aromatherapy for mental health	Meaghan Smeraglia	Vol. 8.1.1 2021.
Scent's profound link to memory (book excerpt)	Holly Brandenberger	Vol. 12.3. 2025.
Sentient trees or just trees	Jan Kusmirek	Vol. 7.3.1 2020.
Short history of using natural fragrant materials	Slobodanka Poštić	Vol. 9E PS 2022.
Siempreviva – Oils of "Eternal Life"	Gergely Hollódi	Vol. 7.4.1 2020.
Skin deep is deeper than you think	Bobbi Misiti	Vol. 11.2 2024.
Skin tears	Madeleine Kerkhof, Kicozo	Vol. 11.2 2024.
Sleep problems in the current climate and how to put them right	Christine Herbert FAMH, DipAET, BA (Hons)	Vol. 8.2.1 2021.
Smelling life, smelling nature	Jan Kusmirek	Vol. 9.2 2022.
Spicy CO ₂ extracts for clinical applications – part 1.	Madeleine Kerkhof, Kicozo	Vol. 9.3 2022.
Spicy CO ₂ extracts for clinical applications – part 2.	Madeleine Kerkhof, Kicozo	Vol. 9.4 2022.
Stand by me with your aromas – a case study	Ildikó Berecz	Vol. 7.3.1 2020.
Steam distillation with an ultrasonic generator...	Jamine Maika Bues	Vol. 8.1.1 2021.
Stress, mental health and our skin	Jan Kusmirek	Vol. 7.4.1 2020.
Summertime sun is not unhealthy!	Bobbi Misiti	Vol. 10.4 2023.
Supporting conservation of aromatic plants by using them responsibly	Stephen Johnson	Vol. 11.4 2024.
Synergies and bases	Shirley Routley	Vol. 8.1.1 2021.
Tao of Aromancy: Art of divination with aroma	Bowen Wei	Vol. 8.4.1 2021.
Tarragon essential oil and the loneliness epidemic – 'The possibilities are waiting...'	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 11.1 2024.
Tea tree (<i>Melaleuca alternifolia</i>)	Michel Sommerard	Vol. 12.3 2025.
Technology and nature	Jan Kusmirek	Vol. 10.1 2023.
The alchemist, who swears on hydrosols – Interview with Norbert Kiss	Gabriella Schütz	Vol. 7.2.1 2020.
The amazing sense of smell – often impaired in times of COVID-19	Eliane Zimmermann	Vol. 7.4.1 2020.
The difference between aromatherapy and perfumery	Suzanne R. Banks	Vol. 9E PS 2022.
The effect of stress and anxiety on sleep	Christine Herbert FAMH, DipAET, BA (Hons)	Vol. 8.3.1 2021.
The efficacy of aromatherapy in palliative care	Carol Rose	Vol. 8.4.1 2021.
The fig as a symbol of humanity	Dr. Dietrich Gümel	Vol. 12.1. 2025.
The four pillars (book excerpt)	Ann Harman	Vol. 10.1 2023.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064–5503

CONSOLIDATED INDEX

Title	Author	Issue
The fragrant hospital – Environmental fragrancing in healthcare	John J. Steele	Vol. 12.1. 2025.
The gift of caraway essential oil	Vanessa Jean Boscarello Ovens	Vol. 9.3 2022.
The gift of integrity – 'Mercury' Astrology and the mind	Anita Kalnay RA, EOT, Dipl SPE	Vol. 10.4 2023.
The Indian nard – the key to aromatherapy	Dr. Dietrich Gumbel	Vol. 11.4 2024.
The inner nature of essential oils	Tiffany Carole	Vol. 10.2 2023.
The human biome – our fellow travellers	Jan Kusmirek	Vol. 9.4 2022.
The link of Fragonia and Kunzea ambigua with the deepest mystery of human life: sexual behaviour	Dr Daniel Penoël	Vol. 10.1 2023.
The man who dreams with accords – Interview with perfumer Matthew Meleg	Gergely Hollódi	Vol. 7.4.1 2020.
The main field of the use of essential oil plants in Hungarian folk medicine	Dr Peter Babulka	Vol. 9.2 2022.
The multi-level healing powers of aromatherapy	Rebecca Graham	Vol. 11.4 2024.
<i>Theobroma cacao</i> L. – Formulary (book excerpt)	Marcos Patchett	Vol. 11.4 2024.
Therapeutic indications of ginger and its essential oil	Dr. Kamilla Ács	Vol. 7.2.1 2020.
Therapeutics vs. aesthetics	Karen Gilbert	Vol. 8.1.1 2021.
The perfume of consciousness	Anita Kalnay RA, EOT, Dipl SPE	Vol. 9E PS 2022.
The perfume oracle	Bowen Wei, mast. of Acup.	Vol. 9E PS 2022.
The perfumed odyssey of an aromatherapist	Cher Grosse	Vol. 9E PS 2022.
The power of sense of smell, Essential oils – the bridge to the well-being	Anastasiia Titova	Vol. 11.1 2024.
The Ravensara Dilemma (1997)	Sylla Sheppard-Hanger	Vol. 11.3 2024.
The scented star – a fragrant gaze at Jasmine	Tanya Moulding	Vol. 8.1.1 2021.
The science and psychology of scent and how we can use it to shift our state	Karen Gilbert	Vol. 9E PS 2022.
The taboo of agarwood	Krishana Chaitanya	Vol. 11.4 2024.
The transformational use of fragrance in pharaonic and shamanic cultures	John Steele	Vol. 11.4 2024.
The Untamed Alchemist™ – Interview with Kristina Bauer	Gergely Hollódi	Vol. 7.2.1 2020.
The use of <i>Helichrysum italicum</i> essential oil for CO ₂ laser aftercare for atopic skin patient (case report)	Dian Pratiwi	Vol. 8.4.1 2021.
The utilisation of whole plant compounds in aromatherapy	Denise Cusack	Vol. 12.3. 2025.
The Yin and Yang of White Cloude essential oil	Dr. Bruce Berkowsky N.M.D., M.H., H.M.C	Vol. 12.2. 2025.
Thyme – Thymus gland The road to a more fulfilling and happy life! (A study on Thyme CT p-cymene)	Stelios Tzourmpakis	Vol. 10.3 2023.
Tom Kha Soup (AROMATIKA KITCHEN)	Daniella Wahl	Vol. 10.2 2023.
Traditional herbalism and aromatherapy in the Peruvian Sacred Valley Part 1.	Viktória Ferencz	Vol. 9.4 2022.

Essential Oils – Herbs – Traditions – Applications

ISSN 2064-5503

CONSOLIDATED INDEX

Title	Author	Issue
Traditional herbalism and aromatherapy in the Peruvian Sacred Valley Part 2. – Peruvian aromatic plants and their essential oils	Viktória Ferencz	Vol. 10.1 2023.
Traditional medicine and remedies, Improved Traditional Remedies and traditional practitioners	Johanne Philippe Perez	Vol. 10.3 2023.
Train to the light, an aromatic journey in palliative care	Jonathan Benavides	Vol. 7.3.1 2020.
Transient acantholytic dermatosis	Kathy Schifffenhaus	Vol. 12.1. 2025.
Trauma's impact in today's society	Sue Mousley	Vol. 7.4.1 2020.
Treating Leaky Gut with Aromatherapy	Melinda A. Copeland	Vol. 10.3 2023.
Two perfumes, one path	Gabriella Schütz	Vol. 7.3.1 2020.
Two recipes from down under (AROMA KITCHEN)	Vanessa Jean Boscarello Ovens	Vol. 8.4.1 2021.
Understanding essential oil chemistry	Colleen Quinn	Vol. 7.4.1 2020.
Understanding the challenges of a child with autism or special needs	Lora Cantele	Vol. 7.2.1 2020.
Unravelling the beauty of Sea Buckthorn (<i>Hippophae rhamnoides</i> L.)	Jade Shutes	Vol. 8.1.1 2021.
Use of essential oils to support peri-menopausal and menopausal women	Caroline Rowles	Vol. 11.2 2024.
Vanilla custard (AROMATIKA KITCHEN)	Vanessa Jean Boscarello Ovens	Vol. 8.2.1 2021.
Wild rose, alchemy, all that is	Heidi Amaru Nielsen	Vol. 11.1 2024.
Vintage Beauty – beauty care at its highest standards	Gabriella Schütz	Vol. 7.3.1 2020.
What are the signs and symptoms that something is going wrong with our digestion and gut? (book excerpt)	Christine Herbert FAMH, DipAET, BA (Hons)	Vol. 11.3 2024.
What's in a name? True Sandalwood and those called Sandalwood	Cherie Manzano	Vol. 12.2. 2025.
When the wildness without meets the wildness within	Amaia Dadanchanji, MNIMH BSc (Hons) BA (Hons)	Vol. 8.4.1 2021.
Whispering essence	Doreen DeSerres DuJardin	Vol. 10.2 2023.
White sage: A sustainable vision quest	Dr Kelly Ablard PhD, RA, MIFPA	Vol. 7.3.1 2020.
Who has the right... to touch?	Magali Penoël	Vol. 10.1 2023.
Willowherbs (<i>Epilobium</i> spp.) – book excerpt	Samantha Almond	Vol. 12.3. 2025.
Working with essential oils in autism syndrome disorder (ASD)	Jonathan Benavides	Vol. 8.2.1 2021.
Working with mental health and emotions	Sue Mousley	Vol. 7.2.1 2020.
Yarrow – a journey home	Ildikó Berecz	Vol. 8.4.1 2021.
YINcarnation	Anita Kalnay RA®, EOT®, Dip. SPE®	Vol. 12.2. 2025.
Ylang-ylang: A year of personal experience	Nicole Cormier	Vol. 10.4 2023.